

Susan Levenstein, M.D.

Diplomate, American Board of Internal Medicine

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CURRICULUM VITAE

Place of birth: New York City, USA

Citizenships: USA and Italian

Languages spoken fluently: English, Italian, French

Degrees

- Bachelor of Arts (B.A.) in philosophy, Cum Laude in General Studies, Harvard University, Cambridge, Mass., 1968
- Doctor of Medicine (M.D.), Mount Sinai School of Medicine, New York City, 1975
- Laurea in Medicina, Università degli Studi, Rome, 1979

Qualifying examinations

- National Board of Medical Examiners, 1 July 1976
- American Board of Internal Medicine, September 1978
- Esame di Stato, Medicina-Chirurgia, November 1979

Professional licenses

- New York State, license no. 128023-1 for the practice of Medicine and Surgery, 1976; current registration valid to December 2010
- Abilitazione, Medico-Chirurgo, Università degli Studi, Rome, December 1979; currently valid
- Watsu Practitioner licensed by Worldwide Aquatic Bodywork Association, January 2005; current registration valid to December 2010

Specializations

- Internship and Residency in Social Internal Medicine, Montefiore Hospital and Medical Center, Bronx, New York, 1975-78
- Tirocinio (Internship) in Gastroenterology, Nuovo Regina Margherita Hosp., Jan.-June 1980

Post-Graduate Training

- Introductory course, Evaluation Co-Counseling brief psychotherapy technique, New York, 1977
- Relaxation techniques and body-oriented therapies, Prof. Tommaso Traetta, Rome, 1980-81

- Topics in Emergency Medicine Course, U. of California, San Francisco School of Medicine, 27-31 August 1984
- Supervision in psychiatric aspects of internal medicine with psychiatrists Alice Van Platen Ricciardi (1982-84) and Harold Bourne (1989-present)
- Courses in Biostatistics, Epidemiology, and Design of Clinical Trials, Johns Hopkins School of Public Health Summer Program, Baltimore, Maryland, 20 June to 8 July 1988
- Update Your Medicine Course 1989, Cornell University Medical School, New York City, 12-16 June 1989
- American Gastroenterological Association Postgraduate course, Digestive Disease Week, New Orleans, May 1991
- Watsu I course, taught by Harold Dull in Santa Caterina, Italy. May 2001
- Auditor, Watsu I, taught by Harold Dull in Santa Caterina, Italy. October 2001
- Watsu II course, taught by Harold Dull in Santa Caterina, Italy. May 2002
- Auditor, Watsu II, taught by Harold Dull in Harbin, California. September 2003
- Watsu III course, taught by Harold Dull in Santa Caterina, Italy. May 2004
- Watsu IV course, taught by Harold Dull in Casamicciola, Ischia, Italy. May 2005
- Shiatsu I course, taught by Shinzo Fujimaki in Harbin, California. March 2006
- Auditor, Watsu IV, taught by Harold Dull in Casamicciola, Ischia, Italy. May 2007, June 2008

Grants

- Principal Investigator, "Life Stressors in Duodenal Ulcer: Two Subpopulations" (NIH grant number 1 R01 DK41084, 1990-1993).
- Travel fellowship, "Psychosocial factors in peptic ulcer" (Italian National Research Council grant number 121.14204, 1995), to support research at the Human Population Laboratory.
- Unrestricted educational grant, Lilly Pharmaceuticals, to support symposium I organized on inflammatory bowel disease, American Psychosomatic Society meeting, Orlando, March 2004
- Grant from Kirby Foundation to support work on *Messages From Home* second edition, 2005

Memberships

- Ordine dei Medici di Roma e Provincia, no. 28040, 1979-
- American Psychosomatic Society, 1990-
- Society of Behavioral Medicine, 1990-98
- International College of Psychosomatic Medicine, Fellow, 1992-
- Functional Brain-Gut Research Group, 1996-
- Academy of Behavioral Medicine Research, 1997-
- U. of North Carolina Functional Gastrointestinal Disorders Center, Collaborating Investigator
- Psicogastroenterologia working group, PSYGUTnet working group

Organizational positions

- International Advisory Board, Swiss Inflammatory Bowel Disease Cohort Study, 2007-
- Member, Education committee, American Psychosomatic Society, 2003-

- Member, Program committee, American Psychosomatic Society, 2001-2004, 2007-
- Member, Liaison committee, American Psychosomatic Society, 2005-2009
- Chief of gastroenterology segment, American Psychosomatic Society Education Project, 1999-
- Co-coordinator, Gastroenterology Special Interest Group and Listserv, American Psychosomatic Society, 1997-
- Scientific Advisory Board, Parent-Child Home Program National Center, 1995-
- Executive Council, American Psychosomatic Society, 1998-2001
- Chair, web page committee, American Psychosomatic Society, 2001-2005
- Executive Council, Academy of Behavioral Medicine Research, 1999-2002

Professional activities

- Private practitioner in general internal medicine in Rome, Italy, 1980 to present. Physician to various embassies, international agencies, schools, companies, etc. Examining Physician for United States Social Security Administration and Veterans Administration since 1982.
- Clinical Researcher in Gastroenterology and Psychosomatics, Gastroenterology Division, San Camillo-Forlanini Hospital, 1999-.
- Clinical Researcher in Gastroenterology and Psychosomatics, Gastroenterology Division, Nuovo Regina Margherita Hospital, 1980-1999.
- External examiner, Faculty of Nursing, Mahidol University, Bangkok, Thailand, for Doctoral Dissertation of Wariya Wachirawat: "Personality, Stress, and Lifestyle Factors in Peptic Ulceration," 1998-2000

Currently ongoing research projects through other institutions:

- University of Vienna: Stress and intestinal permeability in Crohn's disease
- Parent-Child Home Program: follow-up through middle school of PCHP participants in Florence, South Carolina.
- University of Berlin Charité (Psychosomatic Division, Prof. Klapp): validation of brief version of the Perceived Stress Questionnaire; life stress, laboratory stress, and intestinal permeability in irritable bowel syndrome patients on a psychosomatic medicine ward

Organizational roles in professional meetings

- Organizer and Chair of symposium, "Mind, Brain, Inflammation: Lessons From the Gut," American Psychosomatic Society, Budapest, March 2007
- Organizer and Chair of symposium, "A biopsychosocial approach to inflammatory bowel disease: The effects of stress and depressed mood," American Psychosomatic Society, Orlando, Florida, March 2004
- Member of Scientific Committee, 25th European Conference on Psychosomatic Research 2004
- Organizer and Chair of symposium, "Psychosocial factors and bacterial disease," American Psychosomatic Society, Savannah, Georgia, March 2000
- Scientific Chair, International Conference on Psychological Factors in Inflammatory Bowel Disease, Ulm, Germany, June 4-5, 1999 <http://sip.medizin.uni-ulm.de/abteilung/buecher/WORKSHOP20/22UlmerWerkstatt.htm>
- Organizer and Chair of symposium, "Psychosocial factors in peptic ulcer in the age of

Helicobacter pylori," Academy of Behavioral Medicine Research, Cape Cod, June 1998

Editorial affiliations

- Co-Editor, American Psychosomatic Society sponsored textbook of behavioral medicine (working title, *Biopsychosocial Medicine: Principles and Practice*), 2008-
- Editorial Board, *Psychosomatic Medicine*: January 2000-
- Peer reviewer for *Psychosomatic Medicine*, *Digestive Diseases and Sciences*, *Psychotherapy and Psychosomatics*, *Helicobacter*, *Italian Journal of Gastroenterology and Hepatology*, *American Journal of Gastroenterology*, *Journal of Psychosomatic Research*, *Health Psychology*, *JAMWA*, *Gastroenterology*, *Scandinavian Journal of Gastroenterology*, *Stress*, *Alimentary Pharmacology & Therapeutics*, *Journal of Crohn's and Colitis*
- Grant reviewer, St. Bartholomew's and the Royal London Charitable Foundation; Broad Foundation; Social Sciences and Humanities Research Council of Canada
- Chapter reviewer, *Our Bodies Our Selves, Menopause*, Simon & Schuster (2006)
- Web site editor, www.alvincurran.com and www.aventinomedicalgroup.com 2004-

Educational activities for the general public

- Invited speaker on "Health Issues After 60" and "Health Issues in Middle Aged Men," Marist Brothers Retreat Center, Manziana (Rome), yearly since 2003
- *Sexual Issues in the Menopause*, pamphlet published by the Our Bodies Our Selves website since February 2003; <http://www.ourbodiesourselves.org/sexmen.htm>
- Workshops on the menopause, Rome: November 1993, May 1994, April 1997
- Invited speaker on "Hormone Replacement Therapy," Food and Agricultural Organization of the United Nations, 1993
- Invited speaker on "Stress and Women's Health," American Women's Association in Rome, 1984, and American Embassy in Rome, 1990
- Monthly medical column, *Eye on Italy* magazine, 1988
- Invited speaker on topics in medicine and sex education, various English-speaking secondary schools in Rome, 1985-
- Weekly medical column, *The Medical Muse*, *Rome Daily American*, 1983-84
- Invited speaker on "The American Experience with Drug Abuse," Study Seminar on Health Education as Drug Abuse Prevention, Provveditorato Agli Studi di Ascoli-Piceno, 1981

Invited professional presentations

- "Mental health and chronic inflammatory bowel disease: Stress, distress, and coping," SWISS IBD Days, Fribourg, Switzerland, April 3, 2008
- "What is the evidence for treatments for somatoform disorders?" Discussant. The Future of Psychiatric Diagnosis: Refining the Research Agenda. Research planning conference under the auspices of the American Psychiatric Association, the World Health Organization, and the National Institutes of Health, Beijing, September 6-8, 2006
- Workshop on the responsiveness of the Perceived Stress Questionnaire, University of Berlin Charité (Psychosomatic Division), May 31 - June 2, 2006
- "The mind and ulcerative colitis: What is the link?" *Perspectives in Gastroenterology* 2005:

- Ulcerative colitis in the 3rd millenium, Milan, September 23-24, 2005
- “Impatto psicosociale delle coliti,” Corso residenziale “Le Coliti,” Torgiano, Italy, 9 April 2005
 - Invited presentation, Symposium on psychological factors and inflammatory bowel disease. 25th European Conference on Psychosomatic Research (ECPR), Berlin, June 2004
 - “Psychological factors in Organic Gastrointestinal Disease. I. Inflammatory Bowel Disease.” Powerpoint presentation created for the American Psychosomatic Society, 2003.
http://www.psychosomatic.org/2003site/ed_res/ed_res_IBD_powerpoint.htm
 - “Peptic Ulcer, Civilization, and their Discontents,” 11th International Conference on Ulcer Research, Dubrovnik, 18 September 2003
 - “Fattori psicosociali nella colite ulcerosa: due pazienti,” [Psychosocial factors in ulcerative colitis: two patients] Faculty of Psychology, University of Rome, 23 April 2002
 - “Ulcerative Colitis,” Grand Rounds case presentation and discussion, American Psychosomatic Society, Barcelona, 17 March 2002
 - “Stress and bacterial infection: implications for gastrointestinal disorders,” National Research Foundation Symposium on psychobiological aspects of gastrointestinal disorders, Geilo, Norway, 21 November 2000
 - “Concerns of inflammatory bowel disease patients,” National Research Foundation Symposium on psychobiological aspects of gastrointestinal disorders, Geilo, Norway, 21 November 2000
 - “Effect of stress on bacterial disease,” Dept. of Medical Psychology, USUHS, Bethesda, MD, March 6, 2000
 - “Psychosocial factors and inflammatory bowel disease: Use of the Perceived Stress Questionnaire,” Dept. of Psychosomatic Medicine, Humboldt University/Charité, Berlin, February 14, 2000
 - “Stress and IBD,” Inflammatory Bowel Disease Seminar, San Camillo-Forlanini Hospital Regional Referral Center for Gastrointestinal Diseases, January 29, 2000
 - “The Perceived Stress Questionnaire,” Ramathibodee Nursing School, Bangkok, January 3, 2000
 - “Psychosocial factors in peptic ulcer and inflammatory bowel disease,” Faculty of Nursing, Burapha University, Chonburi, Thailand, December 29, 1999
 - “Effects of psychological factors on organic gastrointestinal diseases,” ANEMGI Update on Neurogastroenterology, UEGW 99. Rome, November 14th 1999
 - “Rapporto tra corpo e psiche nelle malattie infiammatorie intestinali” [Relation between psyche and soma in inflammatory bowel disease], Giornata internazionale sulle malattie infiammatorie intestinali [International IBD Day]. Milan, September 17, 1999.
 - “Relapse precipitating psychosocial factors in IBD,” International Conference on Psychological Factors in Inflammatory Bowel Disease, Ulm, Germany, June 4-5, 1999 (published in the Proceedings of the 22nd Ulm Workshop, pp. 39-44, <http://sip.medizin.uni-ulm.de/abteilung/buecher/WORKSHOP20/22UlmerWerkstatt.htm>)
 - “Cross-cultural comparisons using the RFIPC,” International Conference on Psychological Factors in Inflammatory Bowel Disease, Ulm, Germany, June 4-5, 1999 (published in the Proceedings of the 22nd Ulm Workshop, pp. 80-84)
 - “Psychological factors in ulcer and colitis,” National Research Foundation Symposium on

- psychobiological aspects of gastrointestinal disorders, Geilo, Norway, 7-9 April 1999
- “Biologic and psychologic risk factors in duodenal ulcer patients,” World Congress of Gastroenterology, Vienna, September 1998
 - “Stress and peptic ulcer: life beyond *Helicobacter*. Studies in human beings,” Academy of Behavioral Medicine Research, Cape Cod, June 1998
 - “Exogenous risk factors in the long-term treatment of Crohn’s disease,” Italian Organization of Hospital Gastroenterologists, Rome, December 1996
 - Presentation of the book, *Relazioni, Emozioni, Salute* (Relationships, Emotions, Health), by Luigi Solano, April 1995
 - “Stressful life events and ulcerative colitis,” International Organization for Inflammatory Bowel Disease, Bologna, May 1993
 - “Inflammatory colitis: Risk factors,” Fifth Italian Digestive Disease Week, May 1992
 - Lecturer, "New Trends in Medicine and Surgery" update course for hospital physicians, Ordine dei Medici di Latina, January - June 1991

Peer-reviewed oral presentations to professional meetings

- S Levenstein. Psychosocial factors and bacterial disease, American Psychosomatic Society, Savannah, Georgia, March 2000.
- IC Siegler, S Levenstein, JR Feaganes, BH Brummett. Personality before and after illness onset among patients with inflammatory bowel disease: a controlled, prospective study. American Psychosomatic Society, Savannah, Georgia, March 2000.
- S Levenstein, V Varvo, ML Scribano, E Berto, G Milite, A Andreoli, C Luzi, C Prantera. Does psychological stress affect the course of ulcerative colitis? American Psychosomatic Society, Clearwater, FL, March 1998.
- S Levenstein, GA Kaplan, MW Smith. Psychological predictors of peptic ulcer incidence in the Alameda County Study. American Psychosomatic Society, Santa Fe, March 1997.
- S Levenstein, C Prantera, V Varvo, M Arcà, ML Scribano, S Spinella, E Berto. Long-term prognosis in duodenal ulcer: psychosocial factors. American Psychosomatic Society, Williamsburg, Virginia, March 1996.
- S Levenstein, C Prantera, V Varvo, ML Scribano, E Berto, S Spinella, G Lanari. Biologic and psychologic risk factors in duodenal ulcer patients: An inverse relation. American Psychosomatic Society, New Orleans, March 1995
- S Levenstein, C Prantera, V Varvo, ML Scribano, E Berto, C Luzi, A Andreoli. Stress predicts rectal inflammation in inactive ulcerative colitis. Roma 91: International Cooperative Meeting on Inflammatory Bowel Diseases, December 1991
- S Levenstein, V Varvo, O Bassi, S Spinella, C Prantera. Fattori di rischio fisici e psicologici nell'ulcera duodenale. Assoc. Italiana Gastroenterologi Ospedalieri 9th National Congress, Florence, May 1989

Scientific publications in peer-reviewed venues

- S Levenstein and V Varvo, Psychosocial Factors, in Prantera and Tersigni, eds., *Crohn's Disease*, Springer, in press 2009
- S Levenstein, The evidence for treatments for somatoform disorders: A view from the trenches,

- In. Joel E. Dimsdale, M.D., Vikram Patel, M.Sc., MRCPsych., Ph.D., Yu Xin, M.D., and Arthur Kleinman, M.D., eds, *Somatic Presentations of Mental Disorders: Refining the Research Agenda for DSM-V*, American Psychiatric Publishing, Inc., Washington, DC, in press 2009
- RG Maunder and S Levenstein, The Role of Stress in the Development and Clinical Course of Inflammatory Bowel Disease: Epidemiological Evidence, *Current Molecular Medicine* 2008;8(4):247-52
- S Levenstein, Could stress play a role in IBD? Part of the series of *Questions and Answers in Inflammatory Bowel Disease* edited by Claudio Fiocchi, Jeffrey Katz, Cosimo Prantera, and Alan Thomson. *Inflammatory Bowel Diseases*, 2008 4, S2 ("A Clinician's Guide to IBD"):S206-7
- P Levenstein and S Levenstein, *Messages from Home: The Parent-Child Home Program For Overcoming Educational Disadvantage, Revised and Updated Edition*, Temple University Press, 2008
- R-D Kocalevent, S Levenstein, H Fliege, G Schmid, A Hinz, E Brähler and BF Klapp, Contribution to the construct validity of the Perceived Stress Questionnaire from a population-based survey, *Journal of Psychosomatic Research*, 2007 63(1):71-81
- S Levenstein, Race, racism, and inflammatory bowel disease, *American Journal of Gastroenterology*, 2008;103(2):485 [letter]
- D H Novack, O Cameron, E Epel, R Ader, S Waldstein, S Levenstein, M Antoni, A R Wainer, *Psychosomatic Medicine: The Scientific Foundation of the Biopsychosocial Model*, Academic Psychiatry 2007; 31:388-401
- S Levenstein. Embracing complexity: what determines quality of life in inflammatory bowel disease? Leading article, *European Journal of Gastroenterology and Hepatology* 2004;16(12):1253-1255
- S Levenstein, Peptic Ulcer and Stress. In Norman Anderson, Editor-In-Chief, *The Encyclopedia of Health and Behavior*, Sage Publications, Thousand Oaks, 2004
- S Levenstein, Stress and ulcerative colitis: Convincing the doubting Thomases [editorial]. *American Journal of Gastroenterology*, October 2003;98:2112-5.
- W Wachirawat, S Hanucharurnkul, P Suriyawongpaisal, S Boonyapisit, S Levenstein, J Jearanaisilavong, K Atisook, T Boontong, C Theerabuttra. Stress, but not Helicobacter Pylori, is associated with peptic ulcer disease in a Thai population. *J Med Assoc Thai* 2003;86:672-85.
- S Levenstein. Bellyaching in these pages: Upper gastrointestinal disorders in Psychosomatic Medicine. *Psychosomatic Medicine* 2002;64:767-772.
- P Levenstein, S Levenstein, D Oliver. First grade school readiness of former child participants in a South Carolina replication of the Parent-Chld Home Program. *Journal of Applied Development Psychology* 2002;23:331-353
- S Levenstein. Peptic ulcer and its discontents. *International Journal of Epidemiology* 2002;31:29-33
- S Levenstein. Psychosocial factors in peptic ulcer and inflammatory bowel disease. *Journal of Consulting and Clinical Psychology* 2002;70:739-50.
http://www.apa.org/journals/ccp/press_releases/june_2002/special_issue/ccp703739.pdf

- H Fliege, M Rose, P Arck, S Levenstein, BF Klapp. Validierung des "Perceived Stress Questionnaire" (PSQ) an einer deutschen Stichprobe [Validation of the "Perceived Stress Questionnaire" (PSQ) in a German sample]. *Diagnostica* 2001;47(3):142-52.
- S Levenstein, MW Smith, GA Kaplan. Psychosocial predictors of hypertension in men and women. *Archives of Internal Medicine* 2001;161(10):1341-6.
- S Levenstein, Z Li, S Almer, A Barbosa, P Marquis, G Moser, et al. Cross-cultural variation in disease-related concerns among patients with inflammatory bowel disease. *American Journal of Gastroenterology* 2001;96(6):1822-30.
- S Levenstein. Stress e decorso delle malattie organiche gastrointestinali [Stress and the course of organic gastrointestinal diseases]. *Argomenti di Gastroenterologia Clinica* 2001;14(2):90-94.
- S Levenstein, C Prantera, V Varvo, et al. Stress and exacerbation in ulcerative colitis: A prospective study of patients enrolled in remission. *American Journal of Gastroenterology* 2000;95(5):1213-20.
- S Levenstein. The very model of a modern etiology: A biopsychosocial view of peptic ulcer. *Psychosomatic Medicine* 2000;62(2):176-85.
<http://www.psychosomaticmedicine.org/cgi/reprint/62/2/176.pdf>
- J von Wietersheim, M Reinshagen, S Levenstein, eds. *Psychological Factors in Inflammatory Bowel Disease – State of the Art and Prospectives for Future Research*. Proceedings of the 22nd Ulm Workshop. Universität Ulm 1999.
- S Levenstein, Relapse precipitating psychosocial factors in IBD, in J von Wietersheim, M Reinshagen, S Levenstein, eds. *Psychological Factors in Inflammatory Bowel Disease – State of the Art and Prospectives for Future Research*, 1999, pp. 39-44
- S Levenstein, Cross-cultural comparisons using the RFIPC, in J von Wietersheim, M Reinshagen, S Levenstein, eds. *Psychological Factors in Inflammatory Bowel Disease – State of the Art and Prospectives for Future Research*, 1999, pp. 80-84
- S Levenstein. Peptic ulcer at the end of the 20th century: biological and psychological risk factors. *Canadian Journal of Gastroenterology* 1999;13(9):753-9.
- P Levenstein and S Levenstein. Long-term effects of home visits on children's behavior. *JAMA* 1999;281:1376 [letter]
- S Levenstein, S Ackerman, JK Kiecolt-Glaser, A Dubois. Stress and peptic ulcer disease. *JAMA* 1999;281:10-1.
- P Levenstein, S Levenstein, JA Shiminski, JE Stolzberg. Long-term impact of a verbal interaction program for at-risk toddlers: An exploratory study of high school outcomes in a replication of the Mother-Child Home Program. *Journal of Applied Developmental Psychology*, 1998;19(2):267-286
- S Levenstein and GA Kaplan. Socioeconomic status and ulcer: A prospective study of contributory risk factors. *Journal of Clinical Gastroenterology* 1998;26(1):14-7.
- S Levenstein. Stress and peptic ulcer: Life beyond *Helicobacter*. *British Medical Journal* 1998;316:538-41.
- F Forastiere, N Agabiti, GM Corbo, V Dell'Orco, D Porta, R Pistelli, S Levenstein, CA Perucci. Socioeconomic status, number of siblings, and respiratory infections in early life as determinants of atopy in children. *Epidemiology* 1997;8:566-570.

- S Levenstein, GA Kaplan, MW Smith. Psychological predictors of peptic ulcer incidence in the Alameda County Study. *Journal of Clinical Gastroenterology* 1997;24(3):140-6.
- S Levenstein, C Prantera, V Varvo, M Arcà, M L Scribano, S Spinella, E Berto. Long-term symptom patterns in duodenal ulcer: psychosocial factors. *Journal of Psychosomatic Research* 1996;41(5):465-72.
- S Levenstein. Is there health in wellness? *Journal of Clinical Gastroenterology* 1996;23:94-6 [editorial]
- S Levenstein, C Prantera, M L Scribano, V Varvo, E Berto, S Spinella, Psychologic predictors of duodenal ulcer healing. *J Clin Gastroenterol.* 1996;22(2):84-90
- S Levenstein. Psychosocial issues in Crohn's Disease. In: Prantera C, Korelitz BI, eds. *Crohn's Disease*. New York: Marcel Dekker, 1996:429-44.
- S Levenstein, GA Kaplan, M Smith, Sociodemographic characteristics, life stressors, and peptic ulcer: evidence from the Alameda County Study. *J Clin Gastroenterol.* 1995;21(3):185-92
- S Levenstein, C Prantera, V Varvo, ML Scribano, E Berto, S Spinella, G Lanari. Patterns of biologic and psychologic risk factors in duodenal ulcer patients. *J Clin Gastroenterol.* 1995;21(2):110-7
- S Levenstein. Wellness, health, Antonovsky. *Advances*, 10(3):26-29, Summer 1994
- S Levenstein, C Prantera, V Varvo, ML Scribano, E Berto, A Andreoli, C Luzi, Psychological stress and disease activity in ulcerative colitis: a multidimensional cross-sectional study, *American Journal of Gastroenterology*, 1994;89:1219-25
- A Andreoli, S Spinella, S Levenstein, C Prantera. 5-ASA enema versus oral sulphasalazine in maintaining remission in ulcerative colitis, *Ital J Gastroenterol* 1994;26:121-125
- S Levenstein, C Prantera, V Varvo, ML Scribano, E Berto, C Luzi, A Andreoli. Development of the perceived stress questionnaire: A new tool for psychosomatic research, *Journal of Psychosomatic Research*, 1993;37(1):14-32
- A Kohn, B Annibale, G Delle Fave, S Levenstein. Maintenance treatment with H₂-receptor antagonists for duodenal ulcer disease: Toward a rational use. *Survey of Digestive Diseases*, 1993;11:228-238
- S Levenstein, C Prantera, V Varvo, S Spinella, M Arcà, O Bassi. Life events, personality, and physical risk factors in recent-onset duodenal ulcers: A preliminary report. *Journal of Clinical Gastroenterology*, 1992;14(3):203-10
- C Prantera, M Davoli, S Levenstein. Oral 5-ASA in Crohn's disease. *Ital. J Gastroenterol.* 21 (supplement):10-11, 1989
- C Prantera, G Bothamley, S Levenstein, R Mangiarotti, R Argentieri. Crohn's disease and mycobacteria: two cases of Crohn's disease with high anti-mycobacterial antibody levels cured by dapsone therapy, *Biomed and Pharmacother* 43:295-299, 1989
- C Prantera, R Argentieri, R Mangiarotti, S Levenstein. Dapsone and remission of Crohn's disease. *Lancet* i:536, 1988 [letter]
- C Prantera, S Levenstein, R Capocaccia, S Mariotti, C Luzi, R Cosentino, M Simi. Prediction of surgery for obstruction in Crohn's ileitis: A study of 64 patients, *Dig Dis Sci*, 32(12):1363-69, 1987
- S Levenstein, C Prantera, C Luzi, A D'Ubbaldi. Low residue or normal diet in Crohn's Disease: A

- prospective controlled study in Italian patients, *Gut* 26:989-993, 1985
- M Simi, S Levenstein, S Giri, S Leardi, C Prantera, V Speranza. Exaggerated response of thyrotropin to thyrotropin-releasing hormone in patients resected for Crohn's ileitis, *Dig. Dis. Sci.* 30:134-39, 1985
- C Prantera, C Luzi, P Olivotto, S Levenstein, P Cerro, A Fanucci. Relationship between clinical and laboratory parameters and length of lesion in Crohn's disease of small bowel, *Dig. Dis. Sci.* 29:1093-97, 1984
- C Prantera, S Levenstein, A Andreoli, A Kohn, C Luzi, G Suriano. Assessing disease activity in Crohn's Disease: A comparison of two indices (is Best best?), *Ital. J Gastroenterol.* 14:152-55, 1982
- C Prantera, G Baiocchi, S Levenstein, U Livi, C Luzi, A Fanucci. Clinical and laboratory parameters in Crohn's Disease: Relation to disease activity, morphology, and extent, *Ital. J Gastroenterol.* 13:24-27, 1981
- S Levenstein. Glucagon, diarrhea, and cerebral symptoms, *JAMA* 246 (14):1545-46, 1981 [letter]
- M Simi, C Prantera, S Leardi, M Castelli, S Levenstein, V Speranza. RIA-CEA in the surveillance of patients with Crohn's Disease. *Ital J Gastroenterol.* 13:140-143, 1981
- S Levenstein. Teenage reactions to nuclear threat — a personal report. *Teachers College Record.* November 1964, pages 123-7
- Posters and abstracts not currently published in other form
- H Fliege, R Joachim, E Peters, P Arck, S Levenstein, B Klapp. Assessment of perceived stress: validity and prognostic performance of the original and a shorter version of the Perceived Stress Questionnaire (PSQ). Poster, World Conference on Stress, Budapest, August 2007
- I C Siegler, S Levenstein, J R Feaganes, B H Brummett. Personality before and after illness onset among patients with inflammatory bowel disease: A prospective study. *Psychosom Med* 2000;62:151.
- S Levenstein. Symposium synopsis: Psychosocial factors in bacterial disease. *Psychosom Med* 2000;62:125.
- S Levenstein, C Prantera, V Varvo, G Brancato, ML Scribano, E Berto, C Luzi, A Andreoli. Personality and stress vulnerability in ulcerative colitis. Poster, American Psychosomatic Society meeting, New York, March 1992.
- S Levenstein, V Varvo, G Lanari, S Spinella, C Prantera. Life events in duodenal ulcer disease and ulcerative colitis. Poster, American Psychosomatic Society meeting, New York, March 1992
- S Levenstein, V Varvo, C Prantera, A Bernabei. Personality and disease duration in patients with acute duodenal ulcer. Poster, Society for Behavioral Medicine meeting, Washington DC, March 1991